



Sandy Springs

MY HOME • MY FAMILY • MY SELF

BEST OF 2026 ISSUE



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Linda Rickles Interiors
BEST INTERIOR DESIGNER



Buckhead Plastic Surgery
BEST PLASTIC SURGERY PRACTICE - FACE



Excel Chiropractic
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Brandon Smith Law, LLC
BEST PERSONAL INJURY LAW



Resurgens Spine Center
BEST BACK & SPINE CARE



Mixteco Poblano at Casi Cielo
FOOD FAVES



Spindle & Oak
BEST BATH REMODELER



Morgan Falls Overlook Park
'HOOD WINKS

After thousands of votes, we reveal the businesses you chose as Sandy Springs' Best! p. 14

Plus
Date Night Ideas
Meet The Magic Behind
City Springs Theatre Company



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Db Atlanta is ecstatic about **Winning the NARI (National Association of Remodeling Institute) Addition Category for 2025 for the Atlanta Awards.**

The Sunroom has a Custom fireplace and the motorized guillotine windows installed with screens that can let fresh air in during the spring and fall time of the year. A complete outdoor kitchen is installed with grill, refrigerator and custom cabinets. The back patio of the house is extra space to enjoy the outdoors.



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for Seniors

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From the Editor



Get Outside, Sandy Springs!

Do you guys have a bucket list? Things you really want to do if you get the chance to do them? Now that summer is near, it's fun to think about all of the ways we can get back outside and knock things off that certain to-do list. But, can I tell you a secret? As a major outdoor enthusiast, I have never floated the Chattahoochee River! Be it tube, kayak or raft, I've dabbled on waterways north and south of the city, but this summer is when the kids and I are putting toes in the local flow, and I can't wait. Got any tips for a Hooch first-timer?

Contrary to first times, but rather, tried and true, starting on page 14, we've got the businesses that you and your community nominated and voted as the Best of Sandy Springs.

From doctors and wellness services to home improvement professionals, restaurants and more, these are the people you trust with the things that matter most. Meet the entire 2026 class at atlantabestmedia.com, and get ready to start exploring!

Also tried and true (as many Sandy Springs residents know) is the incredible cast and crew with the **City Springs Theatre Company**. We got to know its executive director, Natalie DeLancey, and learned how she's leading the charge in making an impact on the community through the arts **on page 13**.

Enjoy all of the fun things to do over the next few pages—and there's even more online. I look forward to exploring everything Sandy Springs has to offer!

Jennifer Colosimo, editor



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Want to know more about your neighborhood favorites? Sign up at atlantabestmedia.com/newsletter-signup to receive our newsletter and stay tuned for updates on the new, fun and can't-miss things happening here!



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BEST OF 2026

After thousands of votes, we reveal the businesses you chose as Sandy Springs' best! From doctors to restaurants, home improvement and more, read about some of your favorite neighbors. Meet all of the winners at atlantabestmedia.com.

Meet Your Neighbor

City Springs Theatre Company's executive director **Natalie DeLancey** shares culture, community and crazy good dishes around town. Read it all on page 13.



Hey Sandy Springs!

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ON THE COVER: Celebrating the Best of 2026 Winners. (Top row, L to R): Laura K Schilling, JD, CPA, CFP, PFS, Financial Innovations, LLC; Linda Rickles, Linda Rickles Interiors; Alan Larsen, MD, Buckhead Plastic Surgery. (Middle row, L to R): Valarie Mitchell-Johnson, Office Manager and Ben Cohen, DC, Excel Chiropractic; Brandon Smith, Brandon Smith Law, LLC; Krystal Chambers, MD, Resurgens Spine Center. (Bottom row, middle): Ben Walker, Spindle & Oak.

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Hood Winks

Nod to your neighbors

By Stephanie Carnes



Join a **Fit4Mom Stroller class** for a one-hour, total-body workout with your little one at Hammond Park. You'll **build muscle and inner strength** while connecting with your child and other moms. Stroller Strides focuses on strength, cardio and core, while Stroller Barre improves posture and mobility. Open to moms from pregnancy through postpartum; attend with or without your child. 705 Hammond Dr., northatlanta.fit4mom.com



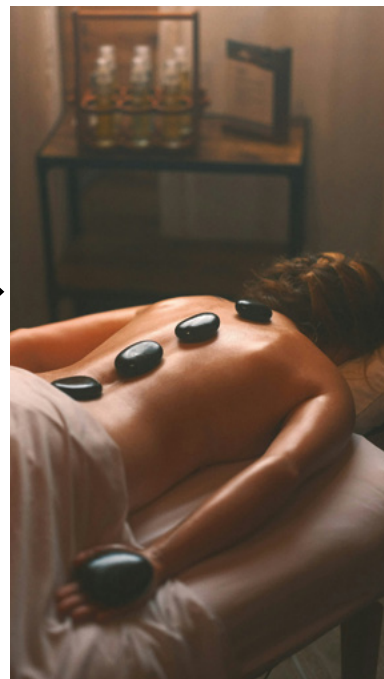
Book a session at **Splatter Studio** and come home with a work of art created by you. Splatter painting can get messy, so consider renting one of the studio's body suits before **unleashing your inner Jackson Pollock**. Beer and wine are available for date nights, corporate events and girls' nights out, but it's just as fun for kids and families. 5920 Roswell Rd., Ste. C212, thesplatterstudio.com


DATE NIGHT IN SANDY SPRINGS

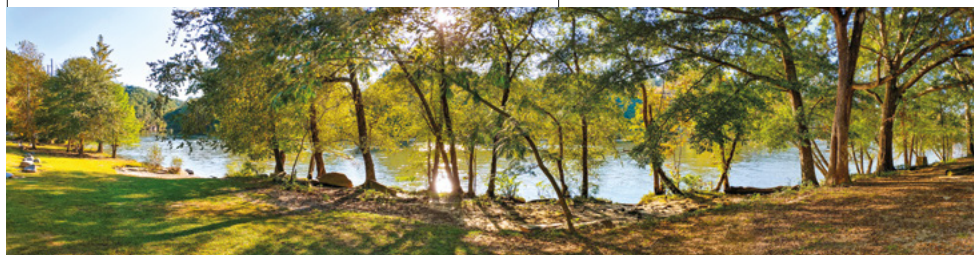
For a leveled-up **massage for two**, try **Rejuvenate Body Spa**. Choose the Couples Massage with Swedish or deep tissue techniques and hot stones. Celebration packages include wine, candles and chocolates, while Spa Day packages feature full massages, facials and foot reflexology, leaving you relaxed and connected to your sweetheart. 6780 Roswell Rd., Ste. D105, rejuvenatebodyspa.com

Grab your sweetie for first Sundays at Heritage Amphitheatre's **Concerts by the Springs**. Check the website to pick your favorite way to groove, from **'80s rock, R&B** and more. It's a free event (pack a picnic or shop the food trucks) with gates opening at 5pm. 6110 Blue Stone Rd., sandyspringsga.gov/concertsbythesprings

Pack a picnic lunch and head to **Morgan Falls Overlook Park**, one of Sandy Springs' prettiest spots. Take **a short hike around the lake**, rent a canoe or kayak or relax by the fire pit on the porch swings overlooking Blue Sluice Lake. Dogs are welcome, too! 200 Morgan Falls Rd., sandyspringsga.gov



Elmo and his friends Big Bird, Oscar and Cookie Monster are coming to town on June 20! The Sandy Springs Performing Arts Center hosts **Elmo's Got the Moves**, the **live Sesame Street show** that encourages audiences to get on their feet to sing and dance. For even more fun, book the photo experience and get your picture taken with the cast. 1 Galambos Way, sandyspringspac.com 





my Sandy Springs
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my Food Faves

Tried and true or new to you



1

1. Health-conscious **Fresh One Kitchen** is famous for their customizable bowls. Try the **Garlic Butter Shrimp Bowl** that comes piled high with sweet bursts of corn, tender glazed mushrooms, roasted carrots, crunchy cucumber, tomato and perfectly seasoned broccoli atop a heaping scoop of fluffy white rice. Pair it with your choice of sauces. 5920 Roswell Rd., Ste. B105, freshonekitchen.com



2

2. The Oaxacan cuisine at **Casi Cielo** is indeed "almost heaven." Especially when you end a mezcal flight or the Chilerita rimmed with grasshopper salt, with the savory **Mixteco Poblano**. Bold and hearty, it's a smoky Poblano pepper filled with tender duck, succulent prawn and melty cheese, then drenched in rich poblano cream sauce and chicharrón. 6125 Roswell Rd., casicioat.com



3

3. Full of Southern charm, **Big B's Fish Joint** serves up crave-worthy seafood like golden, crispy fried shrimp, buttery lobster rolls, fresh poke bowls and creamy clam chowder. Start things off with **Oysters on the Half Shell**, another thing Big B's does better than anyone. Simple and succulent, they're served with house-made cocktail sauce and all the fixins'. 4600 Roswell Rd., Ste. D140, bigbsfishjoint.com



4

4. **Okiboru's Tan Tan Ramen** takes a beloved classic to the next level. That same rich traditional chicken broth base they're famous for is elevated with a kick of spice and topped with tender melt-in-your-mouth garlic pork, a soft-boiled soy egg, spinach, chili threads, crispy garlic and thin buttery noodles. Level up and add your own toppings! 6125 Roswell Rd., Ste. 800, okiboru.com



5

5. Escape from the typical pepperoni pie and try **Sunnyside Pizzeria's Pistachio Pizza**. Savory Italian sausage and creamy mozzarella are melted over a crisp crust and layered with pistachio crudo, earthy arugula, shaved Parmigiano-Reggiano and a drizzle of hot honey. Pair with a smooth pinot noir to elevate this rich, nutty pie. 220 Sandy Springs Cir., Ste. 149, sunnysidepizzeria.com

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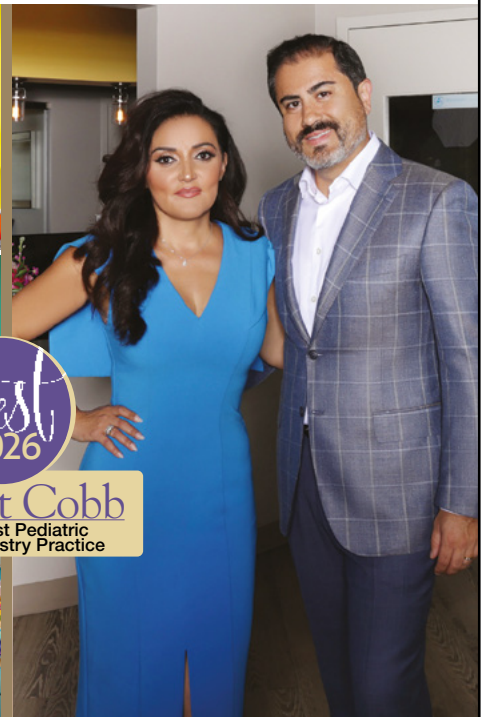
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PROFILE

Natalie DeLancey

CULTURE CREATOR • ARTS ADVOCATE • ITALIAN FOOD LOVER

By Jennifer Colosimo

From being inspired by her grandmother's passion for the arts to performing on stage well into college and a career overseeing education programs with the Cobb Energy Performing Arts Centre, Natalie DeLancey is well-equipped to bring City Springs Theatre Company (CSTC) into its next era. As executive director, she's helped shape more than a theatre company, but a culture—and it's a pretty exciting community to be a part of.

Tell me about the impact you have made on the CSTC?

Natalie DeLancey: From the beginning, I have been intentional about establishing CSTC as a high-quality musical theatre company that pairs artistic excellence with genuine hospitality. Whether you're an actor on stage, a donor, subscriber, a student, a crew member, a musician or a first-time patron, we want every person who encounters CSTC to feel valued, welcomed and part of something meaningful.

How have you been able to engage the community?

ND: What began as a foundational initiative has blossomed into a thriving conservatory and training ground for the next generation. Today, we serve approximately 350 students each week in Sandy Springs and reach nearly 10,000 students annually through our various programs. Our pre-professional students consistently demonstrate a level of discipline and artistry that rivals seasoned performers, and seeing young artists rise to that standard is incredibly rewarding. Investing in the next generation is central to who we

are and, since inception, we have never turned a student away due to a financial barrier.

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- Little Thai
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How has the company grown since you've been here?


ND: In season two, we navigated a global pandemic and emerged stronger and more unified than ever. Today, we have a subscriber base just shy of 6,000 patrons, the largest of any local arts organization in the city. We are also currently in our first-ever comprehensive capital campaign, which in less than a year is already 72% funded toward our \$5 million goal. That level of investment speaks volumes about the confidence our community has in our future.

cityspringstheatre.com 



“What truly sets us apart is our community. I have never seen people rally behind an organization the way ours has. The loyalty of our patrons and the number of actors, musicians, designers, faculty members and crew who repeatedly return to work with us tells me we've built something meaningful.”

ON NATALIE'S PLAYBILL

 “You can almost always find me at **Baraonda**. The owners have been incredible supporters of CSTC and have graciously hosted several of our opening night celebrations. Their Bolognese with a glass of Ant Moore—it's become a bit of a tradition.”

2026 best

MY SANDY SPRINGS BEST OF 2026

After hundreds of nominations and thousands of votes, you have chosen My Sandy Springs' Best! For a complete winners list, visit atlantabestmedia.com



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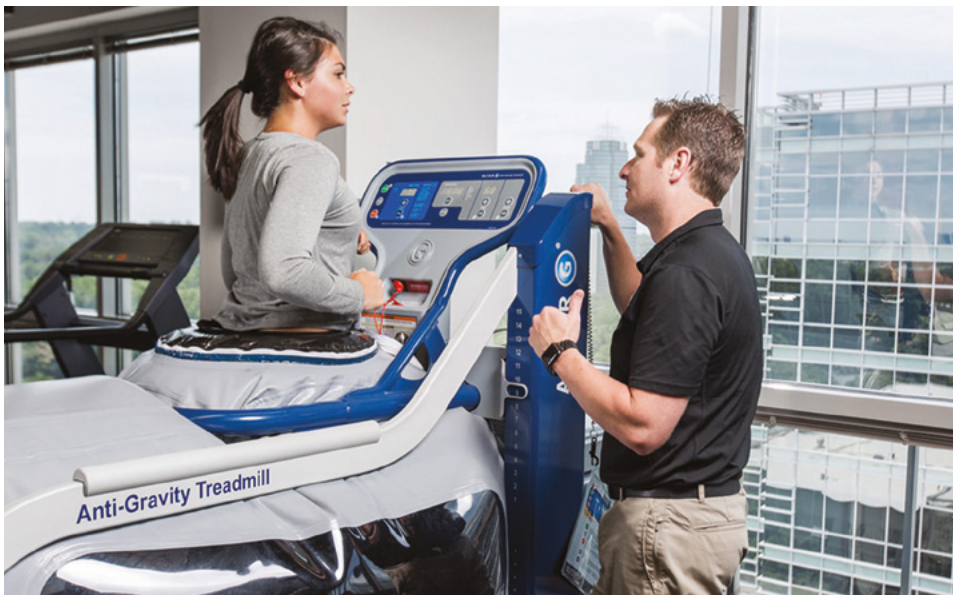
2026 *best*

MY SANDY SPRINGS BEST OF 2026



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my **Dunwoody**
Best Interior Designer



my **Sandy Springs**
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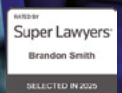
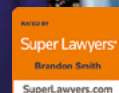
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2026 best

MY SANDY SPRINGS BEST OF 2026



KRYSTAL CHAMBERS, MD

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ED STATON AND MARK STATON

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2026 *best*

MY SANDY SPRINGS BEST OF 2026



ALAN LARSEN, MD

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▲ BEST CHILD CARE

The Goddard School Sandy Springs

The Goddard School's philosophy of whole-child education promotes parent-child relationships and social-emotional skill building while effectively helping to mold the leaders of tomorrow. At the Goddard Schools in Sandy Springs, each child is encouraged to vocalize their own ideas and foster their confidence as early learners. This approach, alongside the incredible faculty and intentional leadership at the Goddard Schools, has resulted in dozens of awards including Best Preschool repeatedly.

goddardschool.com, 470.571.1700 (Roswell Rd.),
770.350.9001 (Hammond Dr.)

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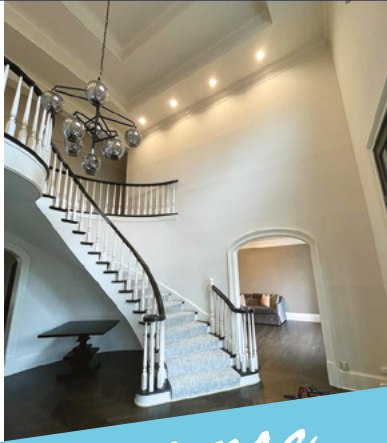
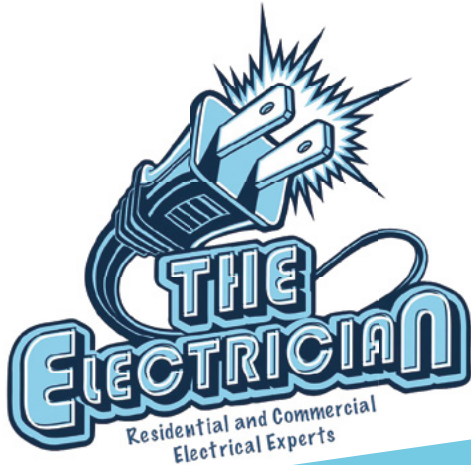
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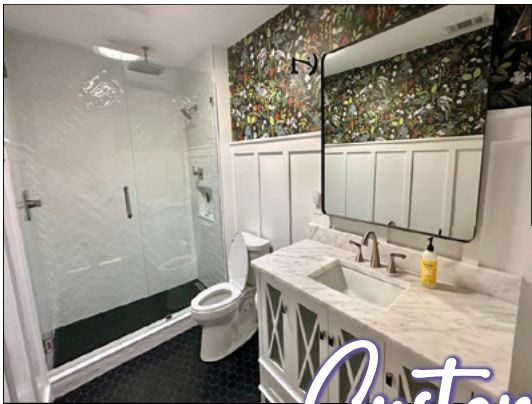


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(L TO R): ABBY LOCKWOOD, DVM, DACVS; SARAH CAMP, DVM; AMIRAH NASR, DVM, DACVIM; BROLIN EVANS, DVM, DACVIM-ONCOLOGY

◀ BEST EMERGENCY VETERINARIAN

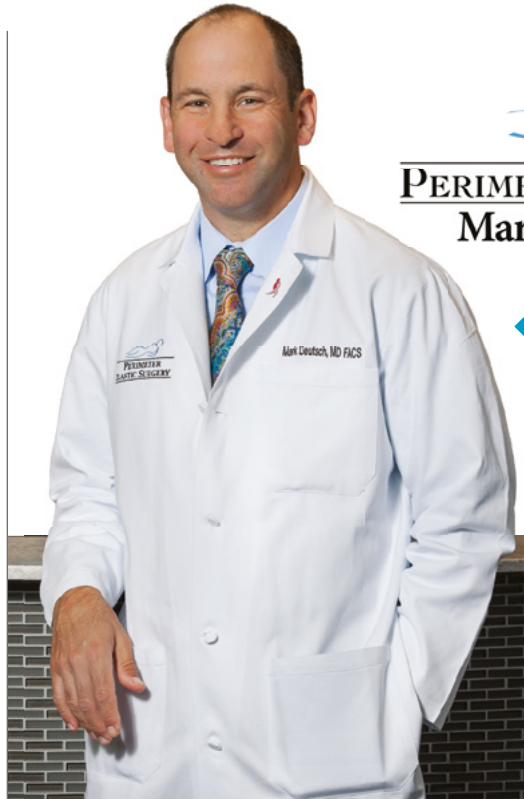
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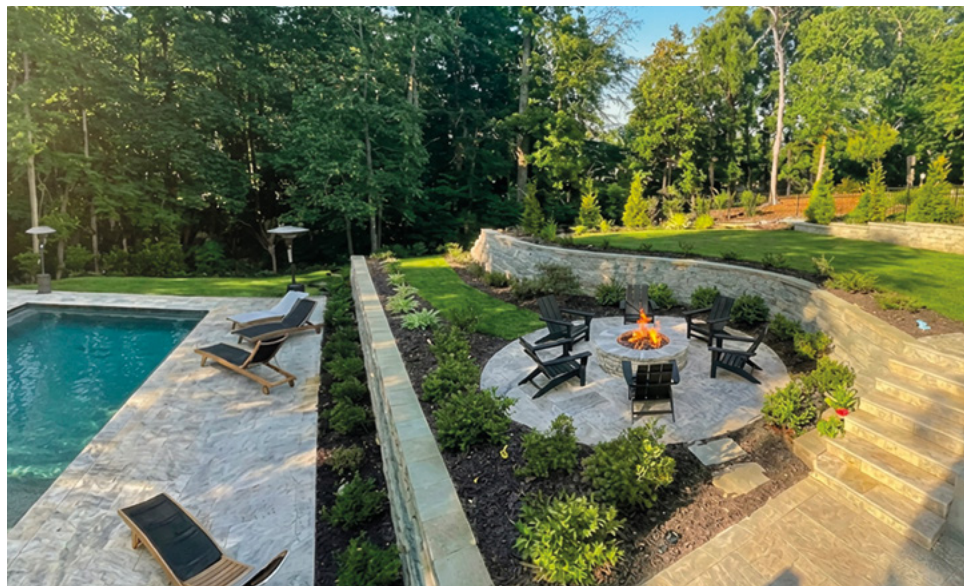
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Bodyfitz was proudly named Best Personal Training Studio of 2026 in Sandy Springs, reflecting their commitment to truly personalized fitness. What sets them apart is their custom one-on-one and small group training, led by highly experienced, certified professionals who prioritize each client's unique goals. More than a gym, Bodyfitz is a supportive, family-driven community focused on building strength, confidence and long-term health, helping their clients thrive through every stage of life with purpose and care. bodyfitz.com, 404.748.1291

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My Stone Mountain
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Doing Good in the 'Hood

Lend a hand to local causes

1 The Georgia School of Orthodontics (GSO) is on a mission to do more than straighten smiles. For 10 years, GSO's Gift of A Smile program has provided free orthodontic care and a dose of confidence to kids in need. **Nominate a deserving child and continue to support the cause** by scheduling your orthodontic care at their teaching clinic. You can also donate to the **GSO Foundation**, which works to increase diversity in orthodontics and provide low-cost care to the community at large. 8200 Roberts Dr., Ste. 100, bracestoday.com/atlanta-office



DR. COLE DANIEL (CLASS OF 2027) AND GSO MARKETING COORDINATOR AND INVISALIGN PATIENT JULIETH PASTRANA

2 Join the Sandy Springs Police Department's **Citizens on Patrol Program** to **assist with traffic control at accident scenes and public events**, conduct residence checks and support public works after completing specialized training. 620 Morgan Falls Rd., sandyspringsgapolice.gov



3 Volunteer with **Keep North Fulton Beautiful** to support recycling efforts and **assist with the organization's large community events** held throughout the year. Your time helps educate and activate residents in the ongoing beautification and conservation of Johns Creek and Sandy Springs. 470 Morgan Falls Rd., keepnorthfultonbeautiful.org



4 Help prevent homelessness and hunger with the **Community Assistance Center** by volunteering to work at a facility or **assist neighbors with job readiness, financial education and emergency aid applications**. Each role helps provide basic needs while empowering individuals and families to move toward long-term stability and self-sufficiency. Multiple locations, ourcac.org

5 Volunteer with **Sandy Springs Education Force** to **tutor students in reading and math**, share STEAM expertise or guide high school seniors toward college or vocational paths. Your involvement helps economically disadvantaged public school students build confidence, strengthen academic skills and find future success. Multiple locations, sandyspringseducationforce.org

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